BRANGELINA IS UP IN ARMS

COUPLE CAUGHT IN HOTEL SQUABBLE. PAGE 13

met

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WINTER MOVIE PREVIEW

Film feast. Popcorn fare and prestige pictures are about to clog the nation's multiplexes. Have fun gorging! PAGES 18-19

Reese Witherspoon stars in "Wild," playing a solo hiker, while in "Into the Woods," Meryl Streep plays The Witch, a role made famous onstage by Bernadette Peters. / ANNE MARIE FOX; PETER MOUNTAIN, UNIT

Homeless in Philadelphia try to get by

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Marijuana arrests in decline

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Don't be the turkey at dinner

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Birds ready for Cowboys on Thursday

PAGE 27

SANTA EXPRESS

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Top 3

The best of Metro.us

1 'The best deals on Black Friday'

2 '5 tips for surviving holiday travel'

3 'Winter's hottest fashion trends'

On the go

Want to read Metro on your mobile device? Get the app! All you have to do is search for Metro US in the App Store or Google Play and to get all the latest in news, sports, lifestyle and entertainment for free.

How 'invisible people' make it through winter

Philadelphia. As the city's homeless face another winter on their own, one man tells how he is trying to get a permanent home.

Jerry Ellis, 62, a homeless man in Philadelphia, lives in an abandoned building. / CHARLES MOSTOLLER, METRO

Being homeless and hawking a newspaper on the street is a hard sell.

Jerry Ellis, 62, who has been homeless for about 20 years, has started to get things back on track by selling "One Step Away," a paper featuring articles written by the homeless.

"I can afford a room now," said Ellis, as he stood at busy 13th and Filbert streets outside Reading Terminal. "I'm eating with the paper."

His earnings from selling the $1 paper helped him move out of an abandoned, decaying house with no lights and broken windows.

Still, it's not an easy job and few people stop to buy a paper. Over a long stretch on Tuesday, a policeman stopped to give him a buck and a woman getting lunch bought a copy of the paper.

"We're the invisible people, nobody sees us," Ellis said. "They just figure were out here begging. They don't realize we're selling something. We're selling a paper."

Ellis has sold "One Step Away" for three-and-a-half years.

Helping the homeless

Some 650 people are living on the streets of Philadelphia at any one time, according to Project HOME, a homeless advocacy group,

- Homeless support groups work with 5,500 people a year who are living on the streets, in abandoned buildings or in train and bus stations.
- About 12,000 people stay in Philadelphia's homeless shelters each year. Many applicants have to be turned away.
- To obtain assistance for a homeless person, contact Project HOME at 215-232-1984.

Visit **Metro.us** to read more about the travails of Philly's homeless.

He was based on South Street, but left after a series of spats with a policeman over a case of what he called mistaken identity. Ellis complained to Mayor Michael Nutter and Commissioner Charles Ramsey, but the situation was never resolved. So he started selling papers in Center City instead.

On his new corner, fewer passersby know him, he says, and business is less reliable.

"Sometimes people look at us like we're pieces of s—. And I'm not a piece of s—. Sometimes it hurts, but what the hell, it's life," he said.

Ellis got as far as 11th grade in Philadelphia schools, then traveled the country selling books and magazines — the same kind of work he does now.

He became a cabbie in the '80s, but that's when things went south, he said. "I'd party so much, I'd forget to pay the rent. I'd forget to pay for my cab," he says.

Now Ellis says he is hoping to get back to having a permanent home and the basics of daily life.

"My goal is to get my own apartment, to have water, to be able to have a hot shower in the morning," he said.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Charged. Center City attorney allegedly had sex with girl, 14

Brian Meehan
DISTRICT ATTORNEY'S OFFICE

A Center City attorney has been accused of engaging in sex with a 14-year-old girl who'd previously been kidnapped and forced into prostitution, District Attorney Seth Williams said Tuesday.

Brian Meehan, 56, of Berwyn is alleged to have had sex with the girl at least a dozen times, including encounters at his law firm's One Penn Center office.

"There is a special place in hell for people like Brian Meehan," Williams said.

Meehan was charged after a lengthy grand jury investigation.

TOMMY ROWAN

South Jersey

Fan sues Taney Dragons for stray-ball injury

Anand Kumar, 73, of Cherry Hill, is suing the Philadelphia team that made it to the Little League World Series, claiming a stray ball hit him in the head and left him "disabled and disordered," reports say.

Kumar was hit in the eye by a baseball thrown by a boy playing catch at a Taney Dragons game in May. Kumar was sitting in the stands at a game at Trolley Works Field on Schuylkill Avenue and Reed Street when he was injured.

Kumar says he has double vision and has "great mental anguish," reports say. His wife, Sujata, says she's suffered damages because of her husband's injury. METRO

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In addition to Toys for Tots, your toy donations go to local families who are receiving help from Institute for the Development of African-American Youth. METRO

Protesters object to Brown decision, racism 'blindness'

Center City. Hundreds descend on City Hall for protest march.

Pier Cicerelle, upset at what she called "blindness to racism" afflicting the country, took her daughter on her first birthday to a protest march that began at City Hall on Tuesday.

The adjunct professor at West Chester University and her daughter, Bella, were among hundreds who gathered at the plaza at Dilworth Park. Cicerelle, carrying a sign, was joined by fellow faculty and students from her university who marched peacefully through Center City streets to Cecil B. Moore Avenue in North Philadelphia.

Cicerelle, who is white, said both the grand jury's decision in Ferguson, Missouri, not to indict the officer who shot and killed unarmed Mike Brown as well as her disgust at the shooting itself compelled her to attend the demonstration.

But she was not exclusively protesting a legal decision or an act of violence. She was calling for a universal acknowledgement that Americans exhibit a blindness to racism countrywide.

"For me, I think there is still this blindness to racism that most Americans have," Cicerelle said. "And I have a daughter now, and I want her to grow up in a more just world."

The group of protesters took to the streets of Center City more than 12 hours after the Missouri grand jury announced its decision.

"We need to open people's minds and open people's hearts to see that racism is still a huge issue in this country," she said, "and people need to be aware and take action."

TOMMY ROWAN
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Marchers in Center City on their way from City Hall to North Philadelphia. / CHARLES MOSTOLLER

Quoted

"We need to wake up to the blindness to racism and take a real stand for change."

Cicerelle

Police violence

'It happens here to us'

Nanayaw Grant protested what he said was a longtime problem.

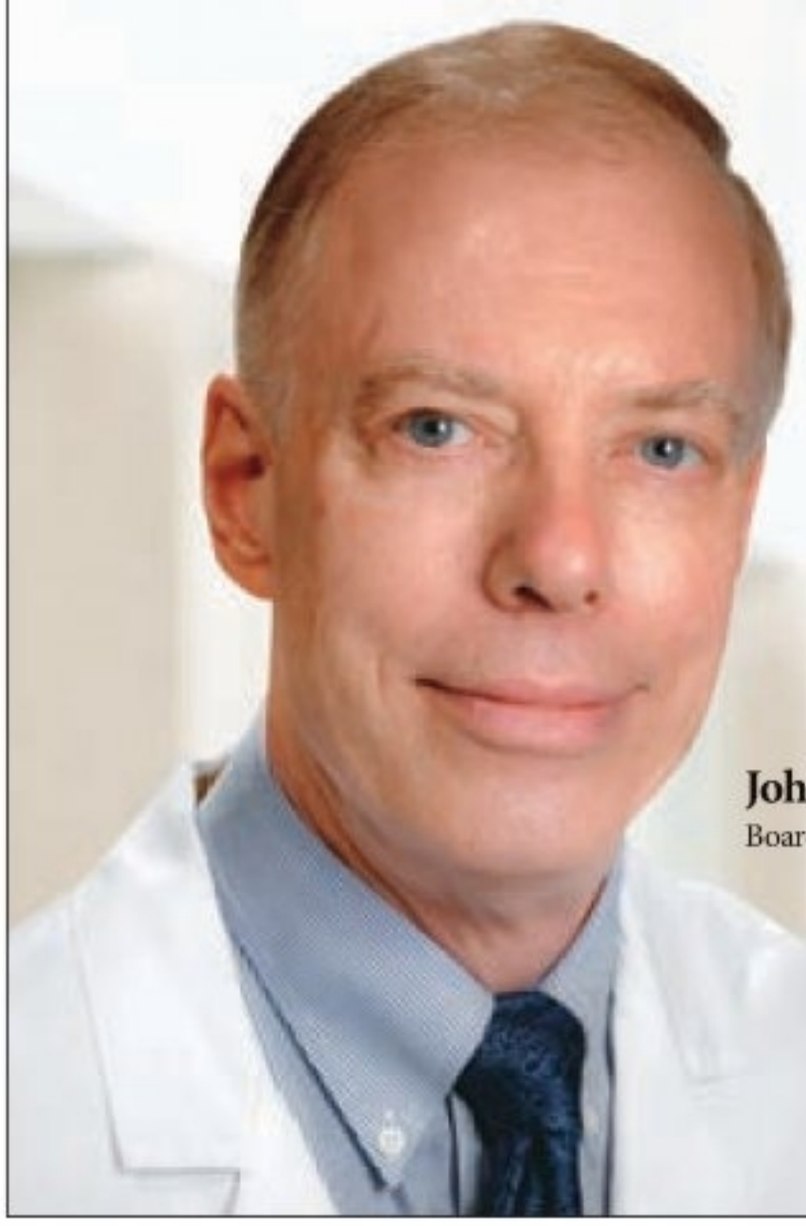
Grant, 60, a member of the Black is Back Coalition, said he'd often been a victim of police brutality as a young black man in the '60s and '70s.

"[Brown] is not the only case. There has been a lot of police violence and this is just one of many," he said. "We've become immune."

"We have a saying, 'Touch one, touch all. Whatever happens in Ferguson," he said, "it happens here to us."

TOMMY ROWAN

Experience.



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Weather. Storm to drop 2 to 4 inches of snow on Philly area

Before Philadelphians can start basting the turkey, they'll have to shovel some snow.

The National Weather Service is forecasting two to four inches of snow for the metro area Wednesday, the day before Thanksgiving and traditionally the busiest travel day of the year.

NWS Meteorologist Lance Franck said the storm will start as rain around midnight Tuesday and change to snow by mid to late morning.

"And that will fall throughout the day," Franck said. "The heaviest snow should be over by late evening and it will all be over by midnight."

Franck said the NWS recommends not traveling between 7 a.m. and 7 p.m. Wednesday.

"If they can, they should travel tomorrow after 7 p.m. when the snow starts to wind down and the road crews get a chance to clear things out," Franck said.

"It's going to be tough for a lot of folks on the busiest travel day of the year," he added.

TOMMY ROWAN

Thanksgiving forecast

"Thanksgiving is much better," Franck said.

- Once the snow stops around midnight, residents can expect a dry day.
- The forecast is mostly cloudy.
- Temperatures will start around 30 degrees and reach 40 for the high.

Weed arrests dip sharply in first month of new law

Marijuana. Decriminalization leads to far fewer charges by police.

After the first full month since Philadelphia became the largest city in America to decriminalize small amounts of marijuana, the results are in.

Cops handed out 20 citations — similar to tickets — for possession of small amounts of marijuana between Oct. 20, when the law went into effect, and Nov. 20.

Most of those cited were released at the scene. During the same period, police also made 72 arrests for possession, a criminal charge, according to data compiled by the Philadelphia Police Department.

By comparison, police arrested 380 people in October 2013 for marijuana possession. Another 266 were arrested for the same offense in November 2013, according to the city's Uniform Crime Report.

Marijuana activist Chris Goldstein, who first requested the data from police, called the recent numbers "a pretty sharp decline."

"We certainly hope that there will eventually be more citations than custodial arrests," he said, "but still, even if you just look at the reduction of overall arrests, that's still a positive thing for the city."

Under the new law, anyone found possessing 30 grams or less of marijuana will face a $25 fine. For public use, the fine is $100, or up to nine months of community service.

Chris Goldstein, a marijuana activist, has spoken on the decreased number of drug arrests related to cannabis. / FACEBOOK

Quoted

"As the rest of the country is talking about legalizing it and taxing it, at least we're not arresting more than 300 people a month anymore."

Goldstein

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Shooting

UN chief urges peaceful protests

United Nations Secretary-General Ban Ki-moon on Tuesday urged protesters in Ferguson, Missouri, and elsewhere in the United States to refrain from violence and called on law enforcement to protect the rights of people to demonstrate peacefully.

"[The Secretary-General] appeals to all those in Ferguson and throughout the United States who felt disappointment at the grand jury's decision to make their voices heard peacefully and to refrain from any violence," U.N. spokesman Stephane Dujarric told reporters. REUTERS

KI-MOON / GETTY IMAGES

Missouri governor orders more troops to Ferguson

Unrest. Violent protests and looting flared after the St. Louis County grand jury's decision.

National Guard troops secure the police station in Ferguson, Missouri. / GETTY IMAGES

Missouri's governor ordered hundreds more National Guard troops on Tuesday to the St. Louis suburb rocked by rioting after a white policeman was cleared in the fatal shooting of an unarmed black teenager, while the local mayor said the governor did not do enough to protect businesses from looting.

Attorneys for the family of Michael Brown, the 18-year-old shot to death in Ferguson by Officer Darren Wilson in August, condemned as biased the grand jury process that led to Monday's decision not to bring criminal charges against Wilson.

The killing in Ferguson, a predominantly black city with a white-dominated power structure, underscores the sometimes tense nature of race relations in the U.S.

National Guard

2,200

Missouri Gov. Jay Nixon told reporters that a total of 2,200 National Guard troops were being deployed in the St Louis area, triple the 700 sent out the night before.

About a dozen Ferguson buildings burned overnight and 61 people were arrested on charges including burglary, illegal weapons possession and unlawful assembly, police said. Police said protesters fired guns at them, lit patrol cars on fire and hurled bricks into their lines.

Police fired tear gas and flash-bang canisters at protesters.

"We must do better and we will," Nixon said.

Criticizing the governor's response to the unrest, Ferguson Mayor James Knowles said the National Guard "was not deployed in enough time to save all of our businesses."

"The decision to delay the deployment of the National Guard is deeply concerning," Knowles told a news conference. "We are asking that the governor make available and deploy all necessary resources to prevent the further destruction of property and the preservation of life in the city of Ferguson."

The unrest came despite calls by President Barack Obama and others for police and protesters to exercise restraint. REUTERS

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Rights. Jewish-nation bill frays Israel's delicate social fabric

Israel is poised to pass one of the most divisive laws in its 66-year history, a bill that would declare it the homeland of the Jewish people only — and further alienate its Arab minority.

Political infighting over the measure is already threatening to tear apart Prime Minister Benjamin Netanyahu's governing coalition.

The legislation, which is seen as compromising equality by differentiating between Jewish and non-Jewish citizens in enshrining some symbolic rights to the Jewish people, could also have long-term practical ramifications for Israeli democracy and jurisprudence.

Netanyahu says it is essential to protecting Israel's identity against those questioning its right to exist. REUTERS

Politics

Tax-break plan costing $450 billion is close

U.S. lawmakers are nearing an agreement to extend tax breaks that would add about $450 billion to the budget deficit over the next decade, said a Democratic aide.

Any bipartisan agreement to continue tax benefits that lapsed at the end of 2013 may not win White House backing, making its fate uncertain. BLOOMBERG

Only three in 10 Americans have HIV under control: CDC

HIV. According to the CDC, as many as 50,000 Americans are infected annually.

Just 30 percent of Americans living with HIV have the virus in check, putting others at risk of infection, U.S. health officials said on Tuesday.

The report by the U.S. Centers for Disease Control and Prevention found that 840,000 of the 1.2 million people infected with HIV in 2011 were not consistently taking anti-HIV drugs that keep the virus suppressed at very low levels.

Studies have shown that viral suppression can extend the lives of people infected with the virus and can cut the risk of transmitting the infection to others by as much as 96 percent.

According to the CDC, the percentage of Americans with HIV who achieved viral suppression remained roughly stable, with 30 percent achieving that goal in 2011, the latest year for which data is available, compared with 26 percent in 2009.

Young people were least likely to have the virus in check, the report found. Only 13 percent of 18-to-24-year olds achieved viral suppression in 2011 compared to 23 percent of those 25 to 34 years old, 27 percent of those 35 to 44 years old, 34 percent of people 45 to 54 years old, 36 percent of 55-to-64-year olds, and 37 percent of those 65 and older.

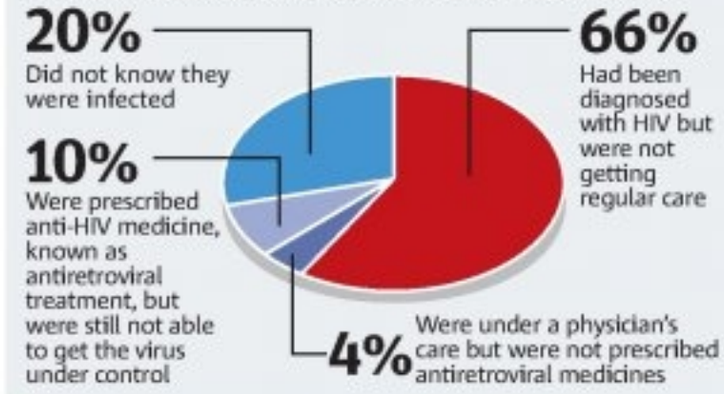
The researchers attribute the disparity in large part to fewer than half of 18-to-24-year olds with HIV having been diagnosed.

"There is untapped potential to drive down the epidemic through improved testing and treatment," said Dr. Jonathan Mermin of the CDC. REUTERS

Scientist Yonggang Zhang prepares DNA cells as part of an HIV elimination process at Temple University Hospital. / GETTY IMAGES

Not taking anti-HIV drugs

This is a breakdown of the 840,000 that were not consistently taking anti-HIV drugs that keep the virus suppressed at very low levels.


20%
Did not know they were infected
66%
Had been diagnosed with HIV but were not getting regular care
10%
Were prescribed anti-HIV medicine, known as antiretroviral treatment, but were still not able to get the virus under control
4%
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$12,900, $242/Month

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$0 Down
$12,900, $242/Month

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AWD, Heated Leather Seats, Keyless Entry, Cruise Control, Dual Climate Control, CD/MP3, Satellite Radio, Alloy Wheels
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$14,900, $274/Month

2011 NISSAN MAXIMA
CD/MP3, Bluetooth, 8 Speakers, Power Moonroof, Alloy Wheels, Dual Climate Control, Cruise Control, Keyless Entry
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$14,900, $274/Month

2010 MAZDA CX-7 AWD
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$0 Down
$15,900, $291/Month

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Poll. Republicans should not take the midterms as a mandate

Rand Paul and Mitch McConnell / GETTY IMAGES

While Republicans in Washington are still celebrating their November victories, those with 2016 in their sights — Rand Paul, Ted Cruz and Marco Rubio — will have to exercise some degree of restraint in the Senate if they want to impress New Hampshire voters.

That's the message from respondents in a Bloomberg Politics/Saint Anselm New Hampshire Poll, which shows 44 percent of likely general election voters say the 2014 midterm results do not provide a mandate for the Republicans to "carry out a new agenda." Rather, the voters are split, with 46 percent saying President Barack Obama should give ground to get things done, while 44 percent say he should stop the GOP from going "too far." The poll of 500 likely general election voters was conducted by Purple Insights Nov. 12 through Nov. 18 and has a margin of error of 4.4 percent.

Quoted

"Purple states project nicely onto the national landscape."

Steve McMahon, CEO and founder of Purple Strategies

The split response to the 2014 Republican gains is a cautionary sign for leaders who overreached four years ago when they took control of the U.S. House on a wave of Tea Party-driven angst. After adopting a confrontational posture, they saw their presidential candidate defeated in 2012 — including in New Hampshire, where voters supported Obama.

New Hampshire, with its four electoral votes, is a near perfect bellwether for the rest of the country; its electorate picked the winning presidential candidate in eight of the last nine elections. BLOOMBERG

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1 Bad times Down Under for the Jolie-Pitts

The working honeymoon is apparently over for Brad Pitt and Angelina Jolie, who were spotted by paparazzi having an "explosive" argument on a balcony of Sydney's InterContinental Hotel just hours before the Australian premiere of "Unbroken," her new film. "He was clearly exasperated with her. They kept talking over each other and putting their hands up in anger. They were upset but going nowhere. Angie looked like she was on the verge of tears," a source — who, come on, is obviously the photographer — tells In Touch. And after their red carpet duties were done? They departed Australia — "Brad in one private jet, and Angie in another," a second source says. Ouch — that's basically the celebrity version of someone sleeping on the couch.

Now, according to Jolie herself things at home are going pretty swell, though she does admit there's room for improvement, she tells Tom Brokaw during an interview. OK, Angie, whatever you say.

GETTY IMAGES

Miley Cyrus wins over boyfriend's mom

Get used to seeing a lot more of this, Maria. / GETTY IMAGES

Maria Shriver has reportedly warmed to the idea of son Patrick Schwarzenegger dating Miley Cyrus — and just in time for the holidays! So how did Schwarzenegger convince his mom that his girlfriend is up to snuff? The old-fashioned way: pointing out that she's not Taylor Swift. "Patrick has done a marvelous job in turning Maria from being violently opposed to now saying she's a sweet girl and she was really mistaken from not knowing her and only knowing about her from her press," a source tells Radar Online. "Maria was terrified that it would be another nightmare like the Taylor situation. Taylor Swift was their biggest fear. They all thought it was going to turn out like that." The "that" in question, by the way, is when Swift briefly dated 18-year-old Conor Kennedy and came on strong enough to rattle the Kennedy clan, of which Shriver is a member. "Patrick is really trying to give Miley positive PR with the Kennedy-Shriver clan," a source says. Hope they don't see the photos from her birthday party, then.

2 Bill Cosby at Foxwoods, or not

Bill Cosby's schedule keeps freeing up, thanks to mounting attention from the numerous allegations of sexual assault against him. Case in point: Cosby's performance at Foxwoods Casino's Grand Theater, which wasn't even until the end of January, has been "postponed indefinitely," according to the venue. Anyone who already purchased tickets will be receiving a full refund.

Another day, another Bill Cosby cancellation / GETTY IMAGES

2 CULTURE

Twitter feed

Today, Jim Carrey is getting weird again, Elizabeth Hurley has been busy on her farm, Roseanne Barr thinks culture has gotten too nice, Mark Ruffalo is busy filming another sequel and Sarah Silverman is winning at life.

@JimCarrey: The things u accomplished will never really feed u because there never has or will be a u to feed.

@ElizabethHurley: Final count for Penelope- eight piglets. All hail. Her first litter.

@therealroseanne: i wish the judges on the Voice were around when i effed up the star spangled banner cuz they would have praised the eff out of it!!

@MarkRuffalo: And so it begins... Now You See Me... again.

@SarahKSilverman: I just ate a giant box of lemonheads and now I have a stomach ache. Also it's 5:30 in the morning

Daily video

'Chloe Sevigny' loves 'Cooking'

YOUTUBE, THE ORPHANS

If you're worried your Thanksgiving plans are too avant garde or over-the-top, rest easy that you're probably not doing anything as crazy as Chloe Sevigny — or at least comedian Drew Droege's embodiment of her. In his latest "Chloe" series, the indie film maven learns that she loves cooking. So grab you Saskatchewanese sulfur water from Safeway, creamed ice and deconstructed mouth and get whisking. Happy Thanksgiving!

THE WORD

Ned Ehrbar takes on the world of gossip.

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BIG NEWS IN PHILLY HIP-HOP

Rapper **Beanie Sigel** is performing again after a two-year absence, with his first big Philly gig slated for Dec. 18 at **TLA**. He was released from prison in August after serving time for tax evasion and narcotics possession, and then went to a halfway house to aid his transition into society. His last album, "This Time," was released on Philly's Ruffhouse label hours after his 2012 arrest. No word on if a new album is forthcoming.

Christopher Roney — aka **Cool C**, a onetime Ruffhouse rapper — is scheduled to be executed Jan. 8 for the 1996 murder of **Lauretha Vaird**, the first female Philadelphia police officer slain in the line of duty. Two accomplices in the robbery and murder, **Warren McGlone** (**Steady B**) and **Mark Canty**, were sentenced to life without parole. Vaird was posthumously honored with a Boys and Girls Club in Feltonville in her name.

On a more positive note, there's rumor of a March 2015 release for **Meek Mill**'s new album, "Dreams Worth More Than Money" — pushed back from September due to his incarceration.

Carla Hall of "The Chew" hosted a cooking demo at the Navy Yard in support of the American Diabetes Association's "America Gets Cooking to Stop Diabetes." Chefs **Guillermo Pernot**, **Delilah Winder** and **Barbie Marshall** helped out, making healthier versions of classic Thanksgiving dishes. The ADA will also host a charity auction at Dave & Buster's on Nov. 29 — bid on signed Philadelphia Flyers memorabilia.

Carla Hall and Guillermo Pernot cooked up a feast at the Navy Yard. / A.D. AMOROSI

Seen on the scene

- Philadelphia-born basketball-playing twin brothers **Marcus** and **Markieff Morris** had Thanksgiving early when mom **Angel Morris** booked the **Power Plant** in Old City for her sons and their teammates, the Phoenix Suns.
- **Alex Holly** of Fox29's "Good Day Philadelphia" emceed the **Little Smiles' Stars Ball** at the **Please Touch Museum.** Little Smiles raises money for kids in local hospitals, shelters and hospices.

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Weekend

Danzas de Cuba

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The veteran local African dance and drum troupe Kulu Mele, celebrating its 45th anniversary this year, is performing Afro-Cuban dance, featuring the Oyu Oro Afro Cuban Experimental Dance Ensemble and showcasing new works from Oyu Oro's artistic director Danys "LaMora" Perez and local choreographer Mora Amado. Whatever the temperature outside, it should get pretty hot once these beats get going.

MATTHEW DINARO

PROVIDED

The Weekly Yelp.
Where to get pie

Pies have long been relegated to sweet dessert or savory side, but this Thanksgiving we're thrusting these delicious dishes into the spotlight. Whether you like to save the best for last or dig right in, this Weekly Yelp is sure to be a favorite for all types of pie enthusiasts.

Baker's Jar

625 S. 16th St.

This place is adorable! Love the little mason jars that the mini cakes come in. Tried the lemon pie, birthday cake & the chocolate bread pudding. They were all delicious, but the lemon pie was mine & my husband's favorite. So good! KAREN S.

City Tavern

138 S. Second St.

I ordered the lobster pot pie, which was a culinary masterpiece. The lobster pieces were quite large and delicious, as were the accompanying shrimp and scallops. The sauce was a delicious buttery concoction, as was the pastry crust. Simply amazing. MALLORY D.

Magpie

1622 South St.

I had the Butterscotch bourbon and the blueberry crumb. Then I got down on one knee, right there and proposed. To the pies. Because not only do I want these pies to be the leader of the free world, I want to spend the rest of my life with them. SHAUNA G.

Dandelion

124 S. 18th St.

I've never had a shepherd's pie, so I wanted to try it out at a British gastropub — and boy am I glad I did! The mashed potatoes were so silky, fluffy, smooth, and the lamb and veggies were super fragrant. TIFFANY L.

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Gobble up our turkey tips

Thanksgiving. Follow our catering expert's guide, from buying the right bird to cooking.

Ham is great, chicken is even some people's favorite, but let's be real: On Thanksgiving, there's got to be turkey on the table.

But between buying the right turkey to knowing how to prepare it, it's not the easiest dish to get right, and Thanksgiving is not the time for experimenting. So we got some advice from someone who's handled thousands of them: Ricky Eisen, founder and president of the Manhattan cafe and caterer, Between the Bread.

Eisen has been cooking up Thanksgiving meals for 35 years; follow her tips, and you won't be daunted by the turkey.

What type of turkey is best, fresh or frozen?
"There really is no best," says Eisen. "You would think that a fresh turkey would have a fresher taste, but they are cooked for so long and so slow that it usually doesn't influence the taste very much." Duration of cooking, spices and style are the main taste influencers.

The only other differences that exist are between so-called heritage turkeys, which are organically raised and free-range, versus other birds that may have been raised in cages. So if you want a guilt-free Thanksgiving, make sure you read the labels.

When should I buy my turkey?
When you buy your turkey usually does not greatly influence the taste. But if you're just getting to the supermarket, buy fresh because properly defrosting a turkey takes up to three days in the fridge, says Eisen. Most Thanksgiving kitchen fires happen while preparing a fried turkey, when a frozen bird is dropped into the hot oil, so don't take any chances.

Come and get it! / STOCKBYTE

How often should I baste the turkey?
"Really, as often as possible; there's no such thing as a turkey that is too moist," she says. But remember, every time you open the oven door you are losing heat, so the turkey will take longer to cook. About once for every 30 minutes of cooking time is generally best. What is most important for maintaining moistness is to avoid overcooking.

What steps should I take to prevent my turkey from drying out?
One method that Between the Bread sometimes uses to cook the turkey is under a gently placed aluminum foil tent, which helps retain much of the moisture: "We can still baste by simply lifting one side of the foil, then re-covering when we are done."

For the last 30 minutes of cooking, remove the foil to allow the turkey to brown and crisp on the exterior. "But again, absolute most important is to avoid overcooking," Eisen says. "Know the exact weight of your turkey before cooking, and a good rule of thumb is to do about 20 minutes of cooking per pound, unstuffed, and a few minutes longer per pound, if stuffed."

Any carving tips?
Don't use an electric knife, which tends to shred things. Eisen recommends removing the breast from the bone, then doing the slicing on a carving board.

What about the rest of the meal — should I cook at the last minute so everything is fresh?
"Definitely NOT," says Eisen, given how time-consuming it will be to assemble the many components. "Almost everything should be prepared the day or evening before, and then the turkey the day of." Because the bird will take hours to cook, you can rotate in the prepared dishes to reheat all of yesterday's cooked food.

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Quincy Jones and him

Interview. The music legend pays tribute to his old mentor Clark Terry for the doc "Keep on Keepin' On."

Pianist Justin Kaulfin and jazz legend Clark Terry play in "Keep on Keepin' On." / RADIUS-TWC

Quincy Jones is in New York City to talk about Clark Terry, the jazz trumpeter who mentored him and the focus of a new documentary, "Keep on Keepin' On." But the discussion roams all over. He talks Miles Davis, he talks about his early film-scoring work, he talks about an IMAX film he's producing about Rio's favelas, which he promises will give an appropriate-sized screen to "big, beautiful, Brazilian booties."

But he's mostly talking about Terry, a jazz musician's jazz musician — who, as it happens, is unaccountably underknown among the general population. The mainstream today only seems to know a handful of the jazz giants. Many of those — Jones, Herbie Hancock, Miles Davis (from an old clip), etc. — testify to Terry's genius in "Keep on Keepin' On," which finds an ailing Terry, now 94, mentoring young, blind pianist Justin Kaulfin.

In the documentary, Jones goes into detail about introducing himself to Clark when he was a young musician living in Washington State. "He wasn't mentoring a lot back then — not like he is now. It's a passion he realized as he got older," Jones tells us. "He was with Charlie Barnet and Basie and Duke. He didn't have too much free time. He was on the road with those cats."

QUINCY JONES IS ONE OF THE PRODUCERS OF "KEEP ON KEEPIN' ON," A DOCUMENTARY ABOUT JAZZ TRUMPETER CLARK TERRY. / GETTY IMAGES

Jones used to meet with him before school, because Terry would be sleeping in the afternoon for the night's show. "This was the only opportunity I had," Jones says. "If I didn't say it, I might never get it. I had to beg for it."

Not so blue

Miles in the sky

One of the highlights of "Keep on Keepin' On" is a brief interview with Miles Davis from 1991, shortly before his death. Emaciated and wild-haired, he talks about his early days learning from Terry. At the time it was filmed, Jones had just conducted Davis' final concert at Montreux — a gig that took 15 years to convince him to do. "He didn't want to do his old stuff," Jones remembers. "Miles was funny. He was the funniest businessman you ever saw in your life. He used to do business like, 'Hey, man, don't give me money. Just buy me a Ferrari.'"

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TV watch list

The chefs on "Hell's Kitchen" have some extra motivation to make a successful dish this week. / PATRICK WYMORE, FOX

REALITY

'Hell's Kitchen'

How's this for motivation: If the candidates are wrong during a blind taste test, they have to go in a dunk tank. On the plus side, the winners get to hang out at Santa Monica Pier. **8 P.M., FOX**

DRAMA

'Criminal Minds'

The team pursues a killer in Virginia who may be experiencing some remorse about the murders he's been committing. Meanwhile, Rossi gets a visit from a mystery woman.
9 P.M., CBS

TALK SHOW

'Late Night with Seth Meyers'

Allison Williams, who will be appearing as Peter Pan in the sure-to-be popular "Peter Pan Live," stops to chat with Seth. Which would you rather hear her talk about: learning to fly or working with Christopher Walken? **12:35 P.M., NBC**

COMEDY

'Saturday Night Live Thanksgiving'

If you've always enjoyed the Thanksgiving-themed sketches on "SNL," tune in for this clip show featuring classics from over the years.
9 P.M., NBC
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Review: 'The Hunger Games: Mockingjay – Part 1' is oddly and admirably muted
'Bruins' Seth Griffith pumping in goals
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Winter movie preview:

Popcorn vs. prestige

December is an awkward time at the movies. The Oscar race is winding down, with studios cranking out the last of their award-aspiring pictures. At the same time people have time off and want to watch movies. The mainstream and the respectable will intermingle this winter. Here's what's coming from both sides. **MATT PRIGGE**

Popcorn

'Exodus: Gods and Kings' (Dec. 12)

KERRY BROWN

What: This is the Ten Commandments story — most famously told in the 1956 Easter staple "The Ten Commandments" — this time with Christian Bale attempting to wipe away memories of Charlton Heston. Good luck!
How populist?: Midwestern audiences ate up tiny religious films such as "God's Not Dead"; in fact, that film made only $40 million less in America than the super-pricey "Noah." Audiences could stay relatively chill on this one, too.

'Top Five' (Dec. 12)

PARAMOUNT PICTURES

What: Chris Rock's third go at directing is an improv-heavy dramedy about a Chris Rocklike movie star (played by Chris Rock) hitting it off with a reporter (Rosario Dawson) the day of his new drama's release.
How populist?: Rock made this independently, and it has a rough, handmade quality that could serve as a fresh antidote to the season's studio comedies.

'The Hobbit: The Battle of the Five Armies' (Dec. 19)

WARNER BROS.

What: Only five armies? The final chapter in an epic take on a 300-page novel intended for children finally comes to a close, and surely it will test how much Benedict Cumberbatch-voiced dragon fighting you can stand before going insane.
How populist?: These things are bizarrely popular, especially considering how padded out and butt-woundingly long they are. But hey, what's good for star Martin Freeman is good for the world (maybe).

'Annie' (Dec. 19)

BARRY WETCHER

What: It has been 32 years since the John Huston movie of the sometimes blood-curdling stage musical, so here's one with Quvenzhane Wallis, plus Jamie Foxx as a toupeed Daddy Warbucks — or, wait, he's called Will Stacks? Where's the fun in that?
How populist?: Movies are rarely tailored to little girls, so maybe don't screw this one up?

'Into the Woods' (Dec. 25)

PETER MOUNTAIN

What: Meryl Streep, Johnny Depp and a bunch of other popular stars round out Stephen Sondheim's beloved musical, in which fairy tales are mashed together.
How populist?: The only catch is Sondheim is a musical lover's musical writer, though his often difficult and densely written tunes are here tacked onto a very clever pastiche.

Under the radar

Small but good

'Still Alice' (Dec. 5, limited; Jan. 16, wide)
What: Julianne Moore plays a woman with Alzheimer's.
How prestigious?: Moore is getting raves for this, just as she got raves for the forthcoming David Cronenberg film "Maps to the Stars." Ditto Kristen Stewart, who, with this and "The Clouds of Sils Maria," is reminding people she's a really good actress.

'Mr. Turner' (Dec. 19, limited)
What: Filmmaker Mike Leigh is back with another immaculately researched historical piece, this one about 19th century sea painter J.M.W. Turner (Timothy Spall).
How prestigious?: If Spall doesn't get an Oscar nomination, he should get a special trophy for his amazing and frequent mouth noises.

'Unbroken' (Dec. 25)
What: Angelina Jolie returns to directing, this time with the story of Louis Zamperini, a WWII-era Olympian who spent 47 days on a raft and two years in a POW camp.
How prestigious?: This sounds like a classic "triumph of the human spirit" type deal, but her last film, "The Land of Milk and Honey," was impressively dark and this may be, too.

Prestige

'Wild' (Dec. 3)

FOX SEARCHLIGHT

What: Reese Witherspoon portrays Cheryl Strayed, who hiked some 1,100 miles of the Pacific Crest Trail alone. Don't worry: There are a lot of flashbacks, plus a script by Nick Hornby.
How prestigious?: Witherspoon goes back to her indie roots, when she was one of the most exciting budding stars. Her Strayed is not only haunted — with a deeply traumatic history involving death, divorce and drugs — but also hilariously cranky.

'Inherent Vice' (Dec. 12, limited; Jan. 9, wide)

WARNER BROS.

What: Novelist Thomas Pynchon doesn't lend himself well to movies, but if anyone could pull it off it's Paul Thomas Anderson. Joaquin Phoenix plays a hippie P.I. in the '60s on a seriously convoluted case. (No, really: It's practically impossible to follow or summarize.)
How prestigious?: This is so goofy and weird that it will almost certainly be polarizing, even among the critical cognoscenti. The audience for this is specific and small, though those who get it will be passionate.

'The Gambler' (Dec. 19)

PARAMOUNT PICTURES

What: A remake of one of the '70s grimmest films, this potty-mouthed drama (written by "The Departed"'s William Monahan) stars Mark Wahlberg as a self-destructive rich kid who owes a ton of money to three different, scary people.
How prestigious?: Despite a new ending, this keeps the miserable '70s vibe, and Wahlberg — who can be dour in dramas — is as electric here as he is in comedies such as "I Heart Huckabees."

'Selma' (Dec. 25, limited; Jan. 9, wide)

PARAMOUNT PICTURES

What: Of course Hollywood has never made a Martin Luther King Jr. movie. On the other hand, the first one was made by a black female filmmaker, the talented Ava DuVernay ("Middle of Nowhere"), with David Oyelowo as MLK.
How prestigious?: This might be the most prestigious film of the year — and, amazingly, it might also be genuinely great. The focus is only on the Alabama voting rights marches in 1965, rather than his whole life, and these narrow biopics tend to be the most rewarding.

'American Sniper' (Dec. 25, limited; Jan. 16, wide)

WARNER BROS.

What: What did you do this year? Because compared to Clint Eastwood, you did nothing. At 84, the actor-filmmaker has directed two features in 2014 alone, this one with Bradley Cooper as America's most "successful" sniper.
How prestigious?: Eastwood badly needs a hit, his recent run of pictures having been neither critically nor commercially loved. (That's not to say they weren't good.)

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Review

'Horrible Bosses 2'

Having previously tried to murder evil bosses, the guys from 2011's surprise hit —Jason Bateman, Jason Sudeikis and Charlie Day — this time only try to kidnap one of them, namely the smirking scion (Chris Pine) of a CEO (Christoph Waltz) who screwed them over.

The lowdown: All "Horrible Bosses 2" has to do is improve upon its opening sequence, which isn't hard. Our three leads have decided to become bosses themselves, starting a line of shower gizmos that leads to a series of hand job and BJ jokes that would shame even Adam Sandler. (There's also a misjudged racial joke.) Things get better, slightly, and at least this isn't a retread, even with certain former supporting players (Kevin Spacey, Jennifer Aniston) gratuitously shoehorned into the plot. Our heroes' dumb attempt to kidnap Pine's douchebag goes so poorly that they wind up kidnapping him by accident, even after they've given up on their scheme.

It's not a terrible idea, but no one seems terribly excited to be here. Our three leads fire off a couple goofy threads, but even they seem bored with their roles — not just these characters, but these character types. Bateman has done the straight man role so many times, even he seems to be tired of it, and the same goes with Sudeikis doing horny and Day doing dumb. When even Christoph Waltz doesn't seem to enjoy playing a grinning baddie, you know something's wrong. (He's more lit up in Tim Burton's upcoming "Big Eyes.") All that's left are homosexual panic and sex jokes, and let's just say that never, not just amidst the Cosby scandal, is it a good time for casual sexual predator jokes, even if the predator is Jennifer Aniston. **MATT PRIGGE**

Charlie Day, Jason Bateman and Jason Sudeikis are back for "Horrible Bosses 2." / WARNER BROS. PICTURES

Animation. 'Madagascar' gets its own super strange spin-off, with Werner Herzog jokes

There's a far amount of cheesy puff-related humor in "Penguins of Madagascar." / DREAMWORKS ANIMATION

The penguin contingent of the undying "Madagascar" franchise finally get their own spin-off, and a pretty silly one: After trying to rob Fort Knox of its cheesy puff supply, our four aquatic cuties meet an angry octopus (voice of John Malkovich) who wants to destroy all penguins.

The lowdown: Don't lump the "Madagascar" series — or at least the seriously silly "Penguins of Madagascar" — in with the other non-Pixar animation behemoths. Despite coming from the dodgy DreamWorks Animation unit, they're not blandly saccharine, like the "Ice Age" saga, or tonally schizo, like the "Rio" films. They're loopy and weird, all about jokes; the third was even written by Noah Baumbach. In fact, "Penguins of Madagascar" — and stop for a moment to recognize what an absurd title that is — has the bare minimum of heart and homilies you can do while still qualifying as acceptable family fare. Hell, it starts with a Werner Herzog joke — you know, for the kids.

It's de rigueur for kids' toons to sneak in stealth parent humor. The ones in "Penguins" are for deeply strange parents, those who love random insanity and dumb wordplay. It's top-down weird, from the harebrained plot hatched by Malkovich's vengeful mollusk to his octopi minions' love for Bavarian accordion music. This isn't top-shelf animated comedy; it's more like the try-anything approach of old comedy icons, who cranked out jokes and movies without worrying about polish — just driven by a need to make 'em laugh. It's less like "Rio 2" than "Dumb and Dumber To" (which is a compliment). Of course, the funniest joke is that this is a modern mainstream toon that breaks the cardinal rule: There must be major stars. That the biggest ones here are Malkovich and Benedict Cumberbatch (as a preening wolf) is a reminder that sometimes the best actors are the best voices. **MATT PRIGGE**

Review

'Penguins of Madagascar'

Directors: Eric Darnell, Simon J. Smith

Voices of: Tom McGrath, Chris Miller

Rating: PG

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Save money on bills this winter

Tips. HGTV's Egypt Sherrod readies your home for icy temps — without emptying your wallet.

MOLLY CONGDON
@ MetroPhilly
letters@metro.us

Do you panic every time you get a gas bill in the winter? This year, make moves to stop stressing — without resorting to living in Arctic tundra mode.

Egypt Sherrod, host of HGTV's "Property Virgins" and a personal finance expert, shows us how to keep heating costs down when the weather outside gets frightful.

EGYPT SHERROD
GETTY IMAGES

Proper insulation is the key to saving on energy costs, says Sherrod.
PIXLAND

Do this now

Zip up your house

"Fifty percent of energy wasted in winter months comes from uninsulated walls, floors, ceiling and attics," says Sherrod. "It's like putting a jacket on your house. You wouldn't go outside in 5-degree weather without a coat, and you wouldn't want your house to be sitting there without insulation either."

Do these now

Give your water heater some TLC

"Once a year, you should completely drain your water heater tank and flush out the sediments," say Sherrod. "It will save you money on your bill because it will make it more efficient." Another tip: Wrap an insulating blanket around your hot water heater to give it extra protection.

Fix the plumbing

Insulate your pipes. "This should be high on your list," warns Sherrod. "You don't want your pipes to freeze over."

All winter long

Dress your drapes

Pick up a few yards of insulator fabric and some adhesive Velcro strips. Attach the fabric to your drapes on the window side. And presto! A warmer house in an instant. "My grandmom always did this trick and now it's ingrained in our family — you don't have to be a Martha Stewart to do it," says Sherrod. "If your drapes have an insulating liner, it can cut your heat loss in half."

Switch on your ceiling fan

Most people only have ceiling fans spinning when the weather is warm, but they can also benefit you during the colder months. "There is a switch on most that reverse the direction of air flow," Sherrod says. "This blows your heat back down to you instead of going up through the ceiling and roof."

PLUS

Get cozy

Snuggle up

At night, keep the temperature at 68 degrees and add comforters to your bed, says Sherrod. You'll be warm without breaking the bank. "You save 3 percent for every degree you dial down your heat," she explains.

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Prep your apartment for a polar vortex

Advice. Even if you can't overhaul your space, small changes can keep heating costs down.

Renters can make money-saving tweaks, too. Here are five more tips from Egypt Sherrod of HGTV's "Property Virgins" (see the rest on page 21), designed with apartment dwellers in mind.

1 Bundle up your windows. Cover your windows in shrink-wrap. "It's an additional barrier to keep the heat inside," Sherrod says. "All you need is a little adhesive or duck tape — it doesn't have to be fancy."

2 Defend against drafts. "Since you can't insulate your apartment walls, be sure to get some draft blockers to go around the doors," she suggests.

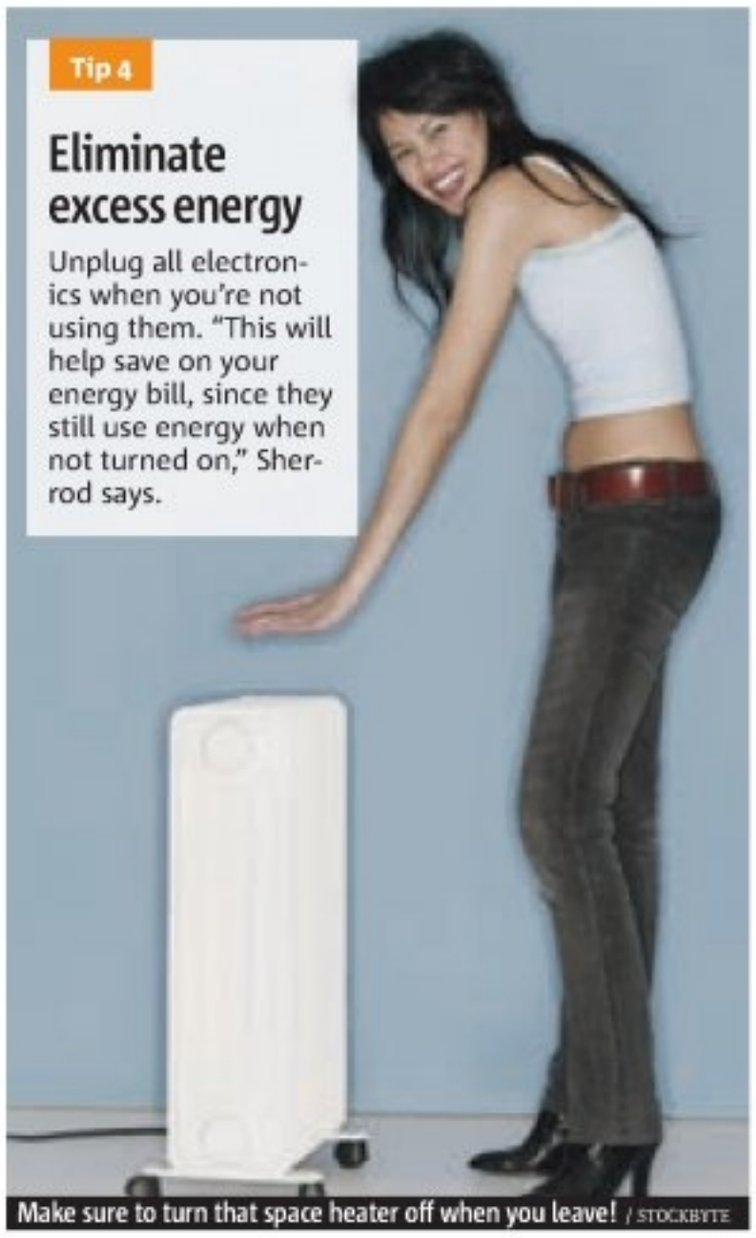
3 Figure out what those arrows mean. Talk to your landlord — or read the manual, if it's handy — to find out exactly how your thermostat works. "A lot of people have programmable thermostats and don't know how to use them," Sherrod says. "They assume that in the winter you push the up arrow a few times, and in the summer the down one a couple times. Learning how to use it can save you 20 percent on your bill."

MOLLY CONGDON
@MetroPhilly
letters@metro.us

Tip 4

Eliminate excess energy

Unplug all electronics when you're not using them. "This will help save on your energy bill, since they still use energy when not turned on," Sherrod says.



Make sure to turn that space heater off when you leave! / STOCKBYTE

Tip 5

Have a light bulb moment

Make the smart choice by buying compact fluorescent light bulbs. "They will save you $50 on a $100 lighting bill," Sherrod says. "Not only do they last 10 times longer, they also use 75 percent less energy."

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Insta queen: Coco Rocha

Interview. The model on her new art book, taking on motherhood — and maternity wear.

If you're a selfier with just the one default pose (i.e., the pout), then supermodel Coco Rocha might just be able to bring a new look to your expressions armory. Her new black-and-white 2,000-page art book "Study of Pose: 1,000 Poses by Coco Rocha" is a kind of how-to guide to looking photogenic.

The 26-year-old, who has graced the covers of Vogue, Harper's Bazaar and W as well as fronting campaigns for YSL and Uniqlo was captured by 100 cameras in a shoot led by New York photographer Steven Sebring back in 2012. Wearing only a simple tan leotard and white leggings, the Canadian model, nicknamed the "Queen of Pose," contorted herself into poses inspired by the likes of Grace Jones and Jessica Rabbit. The project builds upon the success of a viral video in which Rocha does 50 poses in 30 seconds. In fact, Rocha was one of the first models to make a name for herself on social media: She has 1.6 million Instagram followers and growing — along with her baby bump.

Why did you decide to do this book?

I've been told that I model in very different ways compared to other models. I met the photographer Steven Sebring, who has wanted to make an encyclopedia of poses since the '90s, and my husband and I thought it was a great idea. We wanted it to be a reference book, not only for models, but also for the art industry.

You've announced that you're pregnant — do you have any tips for other mothers-to-be?

Some maternity clothes can be very cool. I love oversized sweaters — that kind of "boyfriend outfit" — so that's going to work perfectly for me! I don't have a big enough bump right now to worry about changing up my style. My advice: Keep your identity.

Are you starting to get into shopping for babywear?

[Banana Republic's creative director] Marissa Webb just showed me the new Banana Republic Mini collection. The baby line's not out yet, but I'm a fanatic about it. Since we are having a baby girl, I told all my friends and family not to buy me anything pink and to make sure it's all fashionable. At the moment I don't care about my own style, I'm all about buying baby clothes.

COCO ROCHA
GETTY IMAGES

Are you going to change your lifestyle?

Once you find out that you're pregnant, you really learn to have self-control. I steer clear from any cola and I drink fresh juices and water. Had it been just for me I think after a week I'd be like, "Alright, that was a fun cleanse." But when you are pregnant, you really think about that other person and you are doing it for them.

Before you were pregnant, what did you do to stay fit and healthy?

[Modeling] is a huge privilege you owe to your mum and dad. A chunk of it definitely comes down to genetics. I still make sure that I'm eating well, sleeping right and drinking tons of water. I'm not one of those people who works out every day. When I'm in the mood I'll go to the gym. Also, when I go to work, I give 110 percent; if I'm not sweating at the end of a photo shoot, I feel like I haven't done my job — that's how I remain healthy. For lunch, I usually have a salad, a sandwich and an orange juice.

ELODIE NOËL
MWN

Head to toe

How to pose like a pro

Don't always try to take pretty pictures. For some reason, in our "selfie world" we are very insecure and always think that there's this one pose that makes us look amazing. I think it's important to just be able to relax when we take a picture, so don't hesitate to change a look. If you truly want to become a model, know your lights — it's a very important tool. And I always say you should pose all the way to the tips of your fingers and your toes.

Get social

Three of Coco's favorite Instagrammers

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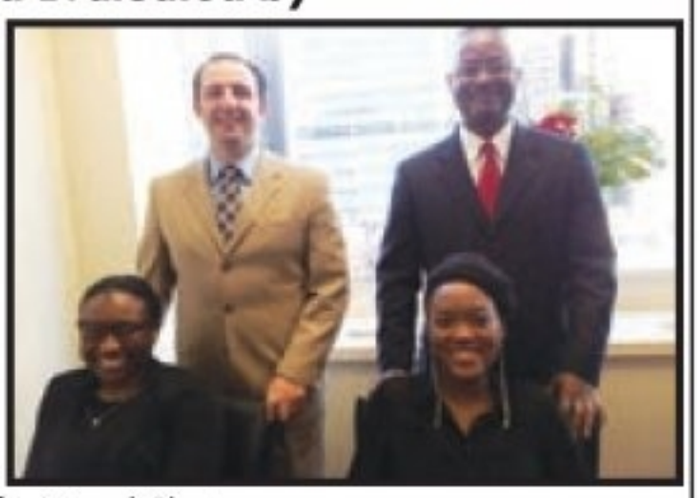

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5 Apps to help you do more in less time

Nowadays, the greatest commodity is time, so why waste it in line at a post office and sifting through piles of papers to find that important telephone number? These effective apps will assist in saving those precious minutes for something more meaningful.

WANISE MARTINEZ /MWN
wanise.martinez@metro.lu

1 Save for later

The free Pocket app collects all those interesting articles and videos you missed during the day and stores them for later. Best of all, you don't need a Wi-Fi connection to use it. Like the Kobo e-reader, Pocket syncs with different mobiles and devices (iOS and Android). That way, you can access all the content anytime and in the way you prefer.

2 Say buh-bye to the Post-it

Free your workspace of sticky notes and messages written on envelopes. The Clear app organizes and prioritizes all your daily tasks in a to-do list. This app isn't a new one, but Clear's interface is almost entirely controlled by gestures (swipes and taps, for example), which makes it fast and easy to use. Available for iOS for $4.99.

3 Have an app pick up your food

WunWun is a delivery service that connects people to their favorite restaurants, groceries and stores, so if you forget something or you'll be late to pick up an order, a helper will do that for you. For the app to operate, the desired place has to be located at a physical address and the package must be something that can be delivered on a bike. Currently offered in New York City and San Francisco, the company reportedly has plans to expand. Available for iOS, the app is free, but tipping the helpers is recommended.

4 Debunk your junk mail cache

Your mailbox at home is probably flooded with clothes catalogs, consumer offers, fliers and other undesirable "junk mail." The PaperKarma app can help end the letter clutter. Simply take a photo of a catalog using your phone and the app will send a request to take you off their mailing list. Free, for iOS, Android and Windows Phone.

5 Send a gift without the post office hassle

Hate waiting in line at post offices to send gifts to your family? Then Shyp is just the ticket. With this nifty app, you simply snap a photo of the package you want to deliver, enter the destination and request an Uber-like pickup. The service will come and take the item, pack it and ship it anywhere in the world for a lower cost. Shyp is currently available in a few U.S. cities but has plans to extend soon. Free, for iOS.

6 TIPS FOR A NOT SO STUFFED THANKSGIVING

Joy's Healthy Bite

JOY BAUER

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Find the "Today" show wellness expert online on Twitter and Instagram @joybauer, and check out her new snack line at NourishSnacks.com.

With my tips, this year the only thing that'll be stuffed at your Thanksgiving table will be the turkey.

1 Don't skip breakfast. Saving your calories for dinner and dessert by skipping breakfast and lunch can backfire! A smarter option: Start with a healthy, protein-packed breakfast, such as nonfat Greek yogurt and a piece of fruit, or scrambled eggs (one whole egg and three egg whites) and an orange, so you're not ravenous come dinnertime.

2 Dress for success. In this case, I mean a fitted outfit. You'll be less likely to overdo it when you look fabulous in a form-fitting dress or pants. Trust me, this trick works. #NoUnzipping

3 Be a smart sipper. It's not just about the calories in seasonal cocktails. The alcohol can lower your inhibitions and make you more susceptible to temptation. Stick with a glass of wine, Champagne, a light beer or a vodka with club soda and a splash of fruit juice — each is under 150 calories.

4 Slim down your stuffing. Use broth instead of oil and/or use low-calorie bread to cut major calories. Add lots of chopped, sauteed veggies for flavor, volume and nutrients. Another option: Use fiber-filled oats, which leave you satisfied longer, as the basis of your stuffing.

5 Load up on veggies and turkey. Sure, you can enjoy a scoop of mashed potatoes and stuffing, but make sure to load up on the lower-starch, high-fiber veggies, such as green beans (without the fried onion topping), Brussels sprouts and salad. And give yourself a free pass on turkey — white or dark meat — just go easy on the skin!

6 Enjoy "skinny jean" pie. You might make it through dinner with your diet in tact, but then you hit dessert! Take a look at these numbers: One slice of pumpkin pie has about 320 calories; apple pie has about 420 (or more, if it features a crumb topping instead of a crust); and pecan pie will cost you more than 520 calories per slice. Of course, that's before you factor in the ice cream and whipped cream toppings. By the time you've finished dressing up your pie, dessert can add more than 700 calories to your daily total. An easy way to indulge and save about 100 calories: Cut the crust off. Or, go crustless — you can make a slimmer pumpkin pie by baking just the filling in ramekins coated with cooking spray.

Are you cooking Thanksgiving dinner? Go to **Metro.us** for expert turkey tips.

Recipe. Mini Maple Pumpkin Pies

Ingredients

- 6 mini graham cracker crusts (store-bought)
- 1 cup pumpkin puree
- 1/2 cup fat-free milk
- 1 egg
- 1 egg white
- ⅓ cup pure maple syrup
- ¾ teaspoon ground cinnamon
- ¼ teaspoon ground nutmeg
- ¼ teaspoon ground ginger
- 1 pinch kosher salt
- Whipped cream (optional)

Control your portion size with personal-size pies. / PROVIDED

1 Preheat oven to 375 degrees. Arrange the crusts on a baking sheet.

2 In a large bowl, whisk together remaining ingredients until smooth. Divide filling evenly between 6 crusts (the crusts will be very full, and you may have some filling left over).

3 Bake for 25 minutes or until a knife inserted into the center of one of the pies comes out clean.

4 Cool to room temperature. Garnish each pie with a dollop of whipped cream and sprinkle with cinnamon, if desired.

(Per serving: 180 calories, 4 g protein, 5 g fat, 3 g saturated fat, 27 mg cholesterol, 29 g carbohydrate, 1.5 g fiber, 18 g sugar, 155 mg sodium)

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Horoscope

♐ Sagittarius | Nov. 22-Dec. 21. If you pay close attention, you will learn valuable information from one of your peers. Consider the motives of someone who is after information.

♑ Capricorn | Dec. 22-Jan. 20. Love looks promising. If you are honest about your expectations, you will build a solid relationship.

♒ Aquarius | Jan. 21-Feb. 18. Greater stability will be yours if you're ready to make a commitment. Rumors will spread if you try to keep matters hidden.

♓ Pisces | Feb. 19-March 20. It's time to put your plans into action. You will waste time if you wait for someone to make the first move.

♈ Aries | March 21-April 20. Start saving for your future. Curb unnecessary spending and look into various ways to market your services. You have more to offer than you realize.

♉ Taurus | April 21-May 21. Go after your dreams. Once you learn the fundamentals, you can begin training for the career that appeals to you. It's never too late to start something new.

♊ Gemini | May 22-June 20. You will gain inspiration if you are around optimistic individuals. Arguing will be a waste of time and could end in loss.

♋ Cancer | June 21-July 22. Make your home your sanctuary. Redecorating or making minor renovations can add value to your property.

♌ Leo | July 23-Aug. 22. Finish off odd jobs you have been postponing. You will have more time to spend with friends and family once your to-do list is complete.

♍ Virgo | Aug. 23-Sept. 22. Don't confine yourself to the same old routine. Make travel arrangements that will give you a chance to explore new cultures.

♎ Libra | Sept. 23-Oct. 22. Find a way to keep busy away from home. Being in too close contact with certain people will lead to tension.

♏ Scorpio | Oct. 23-Nov. 21. Stand up for your rights. If someone tries to take credit for your work, make sure to set the record straight and get acclaim. EUGENIA LAST

Sudoku: Easy and hard

9		2	6		4			
		5		3				2
			7				9	
		6	5	1				7
	9		4		7		6	
8				6	2	3		
	1				5			
2				9		8		
			8		1	7		6

	1		4			3		
4		7		3				6
		3		7			5	
7			2	8				1
	3						8	
8				6	7			2
	9			1		8		
2				4		7		9
		8			9		6	

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

A slap in the face to legal immigrants

It's difficult to read all the talk about illegal immigrants (I don't use the word "undocumented"; it's just a fancy word for illegal that the media prefers to use) "coming out of the shadows" from the difficult situations that they put themselves in. And some of them even have the gall to say that the immigration reform is not enough, and they demand more concessions! That's like someone breaking into your home, and then demanding that you feed them, because they're entitled to be there! What about the legal immigrants, who spent years going through the honest route?

PAUL PHELAN, VIA EMAIL

So Metro is now going to showcase story after story, letter after letter, of all those poor illegal immigrants who have been living for decades illegally in the U.S. and now don't have to worry because even though they committed a crime, Emperor Obama is just going to change the laws they broke. How about some stories of those legal immigrants who did everything legally and paid thousands of dollars for the chance to be an American, only to see line jumpers rejoicing that they weren't stupid enough to do things the right way?

FRANK DIXON, VIA EMAIL

letters@metro.us

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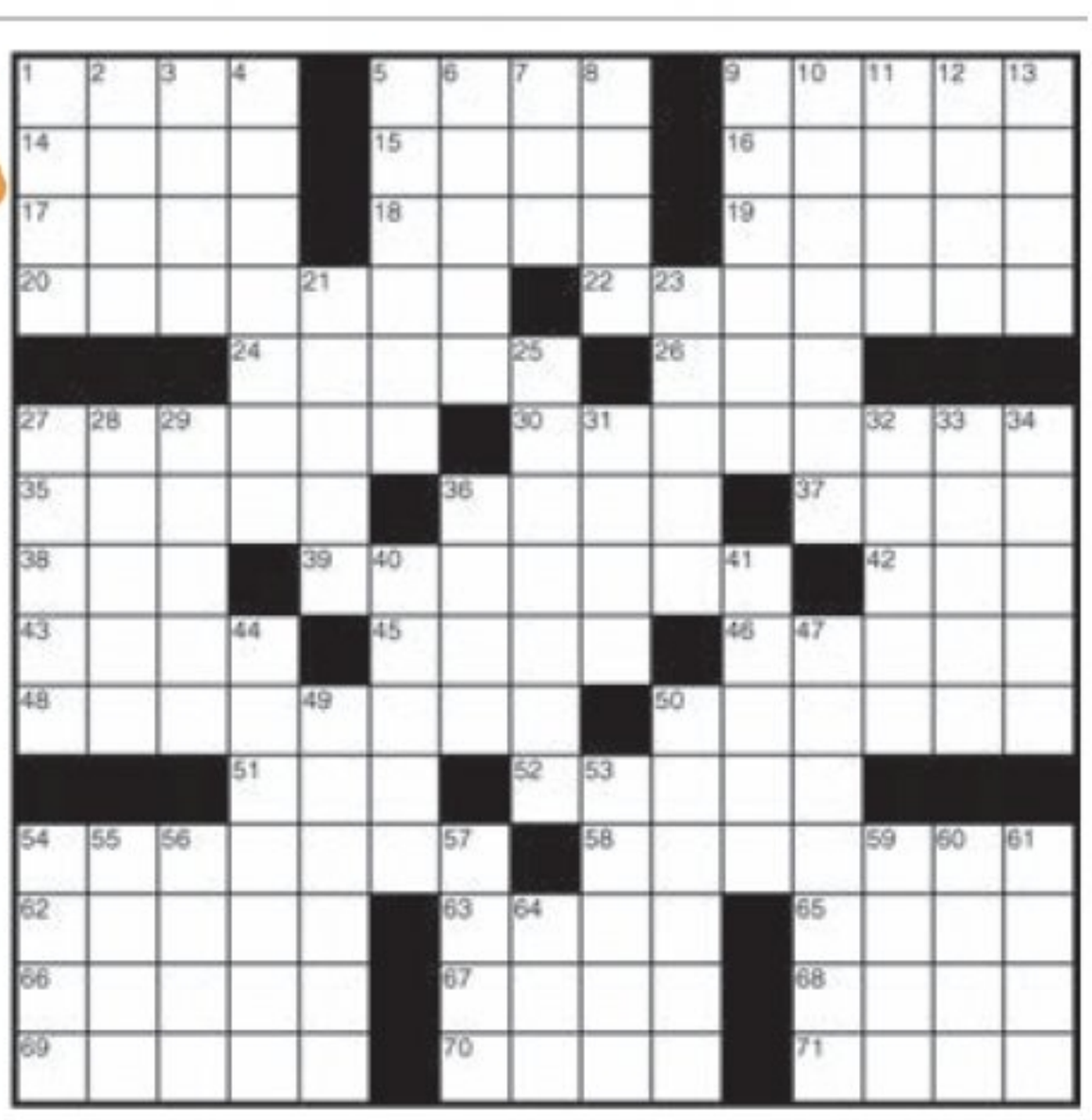
Crossword

Across

1 Hourly pay
5 Wild disturbance
9 Packs tightly
14 PDQ
15 Nobel Prize city
16 Brief review
17 Freight hauler
18 Roquefort hue
19 Phoenician port
20 Delinquent (2 wds.)
22 Lodges
24 Can't help but (2 wds.)
26 Chaney of film
27 Sandy expanse
30 Barely make it (2 wds.)
35 Unoccupied
36 Future fries
37 Inoculants
38 Flat-needled tree
39 Warier
42 Oxygen source
43 Canute's foe
45 Blown away
46 Held title to
48 Start to fidget (2 wds.)
50 Dusts the cake pans
51 Maiden-name indicator
52 Horse's digs
54 Sign
58 Rider's charge (2 wds.)
62 Pay by mail
63 MP prey
65 Turnpike talker
66 PC chip maker
67 Helena's loc.
68 Bone below the elbow
69 Like damp rocks
70 Really skimps
71 Root vegetable

Down

1 Yellow jacket
2 On the briny
3 Whale herds
4 Term of abuse
5 Hardy
6 Cay
7 Bullfight cheer
8 Package —
9 Defoe castaway
10 Image receivers
11 Like vinegar
12 Kitchen spice
13 Hot-tub locales
21 — Hannah of "Splash"
23 Slip past
25 Fish hawks
27 Clear the windshield
28 Writer – Zola
29 Herring
31 Tobacco wad
32 Reeves of "The Matrix"
33 Bramble (var.)
34 Enclosures
36 Keeps in stitches?
40 Restaurant patron
41 Buns
44 Imagines
47 New pack member (2 wds.)
49 With care
50 Quake causes
53 Juicy steak (hyph.)
54 Stiffly formal
55 Late-night Jay
56 Sums for CPAs
57 Woman of rank
59 Well-qualified
60 Descartes' name
61 Latin I verb
64 Stir-fry need



Yesterday's answer

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Storylines to watch as Eagles face Cowboys

NFL. It's finally here; Philly and Dallas face off on Thanksgiving Day.

Throw out the numbers for this one. Sure, the Eagles have never lost on Thanksgiving (they're 5-0). And sure, both teams have identical 8-3 records and are vying for bragging rights in the NFC East.

But this one won't be decided by statistics. Through all the history, hatred and analysis, one thing has never been more true for the Eagles — after beating up on the NFL's cupcakes all year, it's time to beat a contender.

EVAN MACY
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1 Stop Dallas on all phases

The Cowboys are truly a balanced squad. And trying to make them one-dimensional (by shutting down either the run or the pass) could prove problematic.

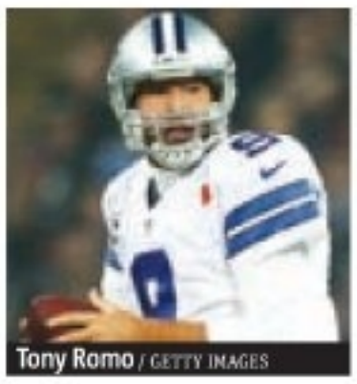
The best running back in football plays for Dallas, DeMarco Murray, led by an over-achieving but very hot offensive line. And then there's Tony Romo and his many weapons.

"They're very balanced and they've got some outstanding receivers in [Dez] Bryant and [Jason] Witten and the rest of the group there," Chip Kelly said, "so it's not like you can say, 'Hey, if we can stop this, we've got a pretty good shot in this game.'"

MURRAY, THE NFL'S LEADING RUSHER, HAS GAINED 100 YARDS IN 10 OF 11 GAMES. GETTY IMAGES

2 Get the rush on red-hot Romo

Tony Romo is in the midst of perhaps the best season of his career as Cowboys quarterback. The signal-caller has a QB rating over 111 and has 22 touchdowns to just six interceptions — his best ratio ever.



Tony Romo / GETTY IMAGES

"He's really hot," Eagles defensive coordinator Bill Davis said. "You don't see any signs of the [back] injury. He's moving around well. He's still got that knack for escaping when you do get there and then looking downfield and making plays."

3 Stop giving up the 'big play'

The Eagles have one glaring weakness above all others, and it's killed them in their three losses this year (and has nearly cost them in some of their wins).

That weakness of course, is their vulnerability to the 'big play.'

Philly has allowed 63 big plays this year (gains of over 25-yards), and they lead all of football, having allowed 30 big-passing plays. The Cowboys are third in the league offensively with 65 big plays.

"We haven't gotten it done yet," Davis said, "but that's a focus that we have to get done."

3 SPORTS

Receiving drama

Cooper calls out Maclin

Monday, Riley Cooper said Jeremy Maclin was playing more snaps than him because he was "trying to get a contract." A day later, Maclin responded and was not pleased by his teammate's "joke." "That was not a very smart thing for Coop to say," Maclin told reporters Tuesday.

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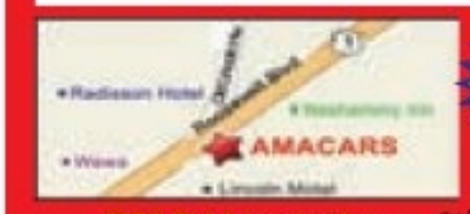

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76ers close to wrong side of history again

NBA. The Sixers continue to be the NBA's laughing stock as they seek their elusive first win of the season.

The 76ers continue to set dubious records.

Falling 114-104 to the Portland Trail Blazers on Monday night dropped the Sixers to 0-14 and kept them as the only winless team in the NBA.

If the Sixers lose to the Brooklyn Nets on Wednesday at the Wells Fargo Center, they'll tie the franchise record for most consecutive losses to open a season. The 1972-73 Sixers started 0-15 and finished 9-73, the worst mark in league history.

The Sixers are coming close to breaking the Nets' record from 2009-10 when they began 0-18 and wound up winning only 12 games. In their latest defeat, the Sixers managed a season-low 10 turnovers. But they shot 0-for-8 from beyond the arc, snapping a streak of 209 straight games with at least one 3-pointer.

The Sixers need to play a near-perfect game to win. Even if the turnovers are down, they have to knock down shots. Everything has to go right in the same game. That seems obvious with 14 consecutive losses, yet coach Brett Brown remains unfazed.

"We're not that far away. I genuinely believe that," Brown said. "I believe this team is starting to see bits of things coming together."

Despite the daily struggles, Brown sees improvement. Nerlens Noel scored 12 points on 6-of-7 shooting, his second consecutive game in double figures. Michael Carter-Williams missed his first five shots but ended up with 24 points. Tony Wroten scored 20 points, the seventh time this season that he's reached 20 or more.

But the box score showed that the Sixers lost.

Carter-Williams is slowly regaining his 2013-14 form. / GETTY IMAGES

Again.

"Nobody is rolling over or pointing fingers," Brown said. "This locker room is great. You go home and sleep OK. It wasn't that bad. There were a lot of positives."

The Trail Blazers won their eighth straight game, improved to 11-3 and dominated the undersized Sixers in the paint. On most nights, the Sixers are challenged down low.

"We have to attack," Wroten said. "We don't have too many bigs and we don't have too many shooters, so we have to attack."

It would be natural for the players to be frustrated.

After all, Thanksgiving is approaching and they've yet to celebrate a victory.

"We're sticking together in here," said Hollis Thompson. "We're working hard every day and we're going to get a "W." It'll come. We all know it's not going to be easy."

ANDY JASNER
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Worst of the worst

The Sixers already have a share of the longest losing streak in pro sports. Here are the worst starts in NBA history.

- 2009-10 New Jersey Nets: 0-18
- 1988-89 Miami Heat: 0-17
- 1999 Los Angeles Clippers: 0-17

NCAA. Explorers will be tested as they fight to stay unbeaten

La Salle is off to a quick 3-0 start, largely due to their defense, but also because of the hot shooting by Auburn transfer Jordan Price.

The redshirt sophomore was named the Philadelphia Big 5 Player of the Week on Monday, after averaging 19.5 points per game in two wins for the Explorers last week.

He's impressed coach Dr. John Giannini, who hopes to see more of the same from Price as the season progresses.

"He's terrific defensively," said Giannini. "He is the one guy we have that can make something out of nothing, and obviously we depend on that."

The Explorers are set to face arguably their toughest stretch of the season in an upcoming homestand against eighth-ranked Virginia, 12th-ranked Villanova and Big 5 rival Temple. Giannini expects his defense will keep the team in games for the rest of the season.

"If you keep playing defense like this, we are going to win in spite of our offense," said Giannini. "We have offensive work to do, but we have to be thrilled with our effort and our consistent defensive effectiveness. … We've held every team we've played to the 30s, just so you know."

Currently, the team ranks 20th in the country in scoring defense, holding opponents to just 53.3 points per game. Opponents are shooting just 35 percent from the field against them.

But their brutal stretch coming up is full of teams of a different caliber, and they won't have much time to prepare for their different styles of play.

In a span of eight days, the Explorers face Virginia (Nov. 28), Villanova (Dec. 3) and Temple (Dec. 6).

Villanova just did away with No. 14 VCU 77-53 Monday, a team expected to finish atop La Salle's Atlantic 10 Conference this season.

In the interim, however, the team is enjoying its time as an unbeaten and is happy with its efforts.

"We should be thrilled," said Giannini about his team's play. "We're playing terrific defense, we're 3-0. Obviously we're struggling offensively, but you can't let that affect our attitudes or our defense." JEFF MCMENAMIN

Quoted

"Going into this game we were in the top 25 in defensive field goal percentage, so this isn't a new thing."

Dr. John Giannini, on LaSalle's defense

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NFL power rankings | by Matt Burke

No. 1

Patriots (9-2)

If you go to the league standings page at NFL.com, you will see that the 9-2 Cardinals are ahead of the 9-2 Patriots. This is the only world in which the 9-2 Cardinals are better than the 9-2 Patriots (It's because Arizona has a better conference record).

No. 2

Cardinals (9-2)

It was just a matter of time before Bruce Arians' Kangol hat went from "fashion statement" to "lame."

No. 3

Packers (8-3)

After putting up back-to-back 50-point outings at home, the Packers were only able to put 24 on the Vikings in Minnesota.

No. 4

Broncos (8-3)

The Broncos' offensive line got its act together and allowed Peyton Manning to throw four TDs in last week's comeback.

No. 5

Eagles (8-3)

A blowout win at home over the Titans isn't going to wow anyone, but the Birds took care of business.

No. 6

Cowboys (8-3)

Tell Grandma to take the bird out of the oven early on Thursday. Eagles at Cowboys is what Thanksgiving football should be.

No. 7

49ers (7-4)

Speaking of great Thanksgiving matchups, the Niners will host the Seahawks in the "Couch Pass-out Classic" Thursday night.

No. 8

Seahawks (5-3)

The Cards, Seahawks, Niners and frisky Rams would dominate the disgrace that is the NFC South.

No. 9

Lions (7-4)

No team in the league is hanging with the Patriots right now, so we'll give Detroit a pass for laying an egg in Foxboro.

No. 10

Bengals (7-3-1)

The Bengals' defense has been keeping opponents in the 20s ever since they gave up 43 and then 37 points a few weeks ago.

No. 11

Colts (7-4)

The Colts could very well be a division fraud thanks to the fact that they play in the lowly AFC South.

No. 12

Ravens (7-4)

We used this space last week to rag on old man Steve Smith. Well, the bye week allowed Sr. to rest his legs. He responded.

No. 13

Browns (7-4)

Brian Hoyer hasn't posted a QB rating over 100 in the past four weeks and threw three interceptions against the Falcons.

No. 14

Dolphins (6-5)

The Fins have certainly earned respect. They hung around with the Packers and Broncos till the end.

No. 15

Chiefs (7-4)

Short weeks are no excuse for legit contenders. Every team has to deal with them. Grow up, Kansas City!

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City of Philadelphia Public Hearing Notice

The **Committee on Finance** of the Council of the City of Philadelphia will hold a Public Hearing on **Monday, December 1, 2014**, at **10:00 AM**, in **Room 400, City Hall**, to hear testimony on the following items:

140209 An Ordinance amending Chapter 19-2600 of The Philadelphia Code, entitled "Business Income and Receipts Taxes," by providing for certain exclusions and deferrals relating to businesses distressed as a result of nearby public works projects, all under certain terms and conditions.

140238 An Ordinance amending Title 19 of The Philadelphia Code, entitled "Finance, Taxes And Collections," to provide for automatic transfer of delinquent taxes and fees to a qualified third party law firm or collection agency; all under certain terms and conditions.

140828 An Ordinance amending Chapter 19-3900 of The Philadelphia Code, entitled "Tax Exemptions for Longtime Owner-Occupants of Residential Properties," by extending the deadline to apply for the exemption authorized by this Chapter on behalf of certain property owners who were eligible for the exemption in the first year that it was available, but who missed the deadline to apply; all under certain terms and conditions.

140884 An Ordinance amending Chapter 19-1800 of The Philadelphia Code, entitled "School Tax Authorization," by modifying the definition of "Net Income" with respect to distributions from S corporations; all under certain terms and conditions.

Immediately following the public hearing, a meeting of the Committee on Finance, open to the public, will be held to consider the action to be taken on the above listed items.

Copies of the foregoing items are available in the Office of the Chief Clerk of the Council, Room 402, City Hall.

Michael Decker
Chief Clerk

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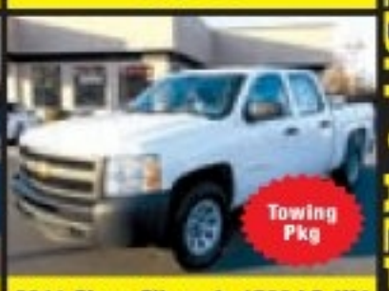
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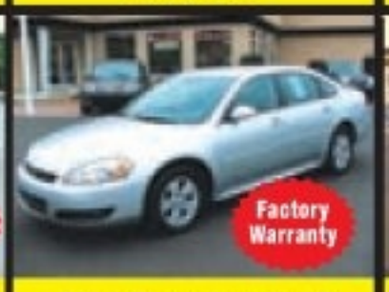
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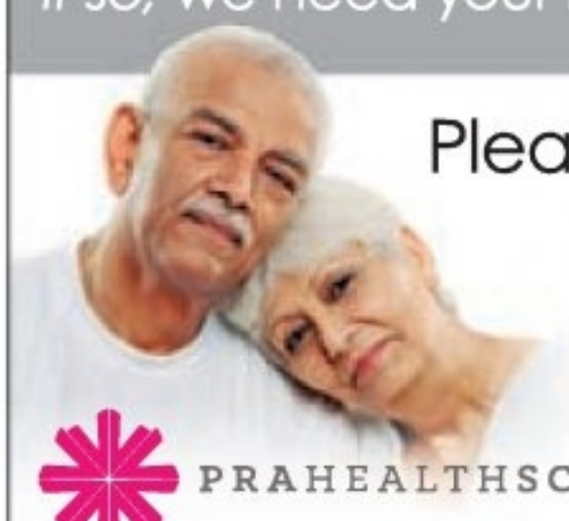

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